

# The Birth, Life, and Death of Stars

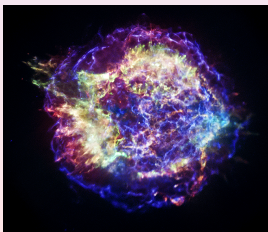
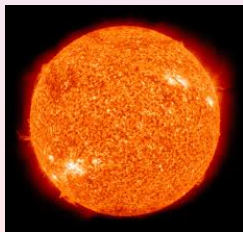
*The Osher Lifelong Learning Institute  
Florida State University*

Jorge Piekarewicz  
Department of Physics  
jpiekarewicz@fsu.edu

Schedule: September 29 – November 3

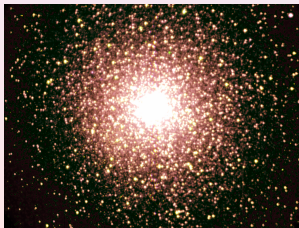
Time: 11:30am – 1:30pm

Location: Pepper Center, Broad Auditorium



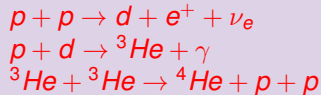
# Ten Compelling Questions

- What is the raw material for making stars and where did it come from?
- What forces of nature contribute to energy generation in stars?
- How and where did the chemical elements form? ★
- How long do stars live?
- How will our Sun die?
- How do massive stars explode? ★
- What are the remnants of such stellar explosions?
- What prevents all stars from dying as black holes?
- What is the minimum mass of a black hole? ★
- What is role of FSU researchers in answering these questions?

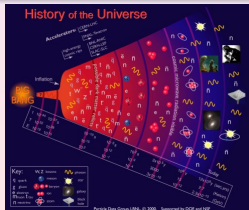


# A Star is Born

- The Universe was created about 13.7 billion years ago (**Big Bang!**)
- H, He, and traces of light elements formed 3 minutes after the Big Bang (**BBN**)
- Stars and galaxies form from H and He clouds about 1 billion years after BB
- In stellar nurseries molecular clouds convert gravitational energy into thermal energy
- At about **10 million K** protons overcome their Coulomb repulsion and fuse (**pp chain**)

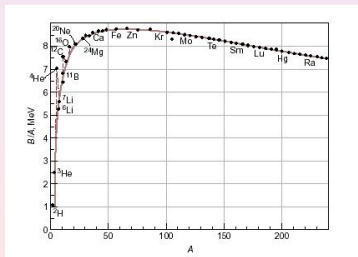
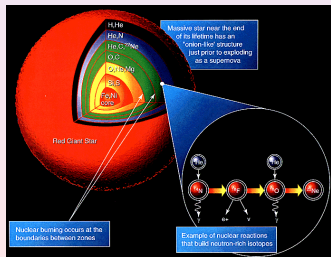


- **ALL** (gravity, strong, electroweak) interactions critical to achieve stardom
- Thermonuclear fusion halts the gravitational collapse
- Stellar evolution continues through several thermonuclear stages



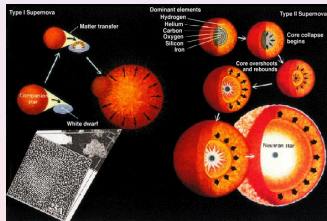
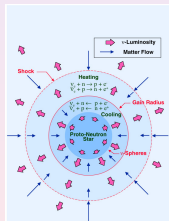
# Stellar Nucleosynthesis

- Stars are incredibly efficient thermonuclear furnaces  
 After H-burning terminates the stellar core contracts  
 Gravitational energy is transformed into thermal energy  
 The heavier He-ashes (with a larger  $Z$ ) can now fuse
- Thermonuclear fusion continues until the formation of an **Iron core**  
 Thermonuclear fusion terminates abruptly: **Supernova!**  
 Every C in our cells, O in the air, and Fe in our blood was made in stars  
 We all truly are “star stuff”...*Carl Sagan*



# Death of a Star — Birth of a Pulsar: Core-Collapse Supernova

- Massive stars create all chemical elements: from  ${}^6\text{Li}$  to  ${}^{56}\text{Fe}$
- Once  ${}^{56}\text{Fe}$  is produced the stellar core collapses
- Core overshoots and rebounds: **Core-Collapse Supernova!**
- 99% of the gravitational energy radiated in neutrinos
- An incredibly dense object is left behind: **A neutron star or a black hole**



**Neutron stars are solar mass objects with 10 km radii  
Core collapse mechanism and r-process site remain uncertain!**



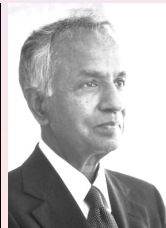
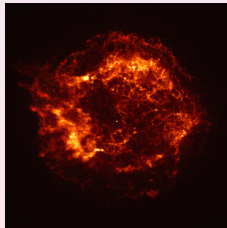
## Some Historical Facts

- Chandrasekhar shows that massive stars will collapse (1931)
- Chadwick discovers the neutron (1932)  
... predicted earlier by Ettore Majorana but never published!
- Baade and Zwicky introduce the concept of neutron stars (1933)
- Oppenheimer-Volkoff compute masses of neutron stars using GR (1939)  
Predict  $M_* \simeq 0.7 M_\odot$  as maximum NS mass or minimum black hole mass
- Jocelyn Bell discovers pulsars (1967)
- Gold and Pacini propose basic lighthouse model (1968)  
Pulsars are rapidly rotating Neutron Stars!



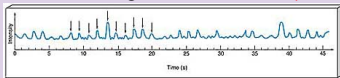
## S. Chandrasekhar and X-Ray Chandra

- White dwarfs resist gravitational collapse through electron degeneracy pressure rather than thermal pressure (**Dirac and R.H. Fowler 1926**)
- During his travel to graduate school at Cambridge under Fowler, Chandra works out the physics of the **relativistic** degenerate electron gas in white dwarf stars (**at the age of 19!**)
- For masses in excess of  $M = 1.4 M_{\odot}$  electrons becomes relativistic and the degeneracy pressure is insufficient to balance the star's gravitational attraction ( $P \sim n^{5/3} \rightarrow n^{4/3}$ )
- *"For a star of small mass the white-dwarf stage is an initial step towards complete extinction. A star of large mass cannot pass into the white-dwarf stage and one is left speculating on other possibilities"* (S. Chandrasekhar 1931)
- Arthur Eddington (**1919 bending of light**) publicly ridiculed Chandra's on his discovery
- Awarded the Nobel Prize in Physics (**in 1983 with W.A. Fowler**)
- In 1999, NASA launches "**Chandra**" the premier USA X-ray observatory



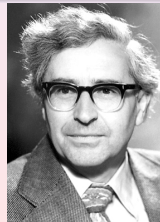
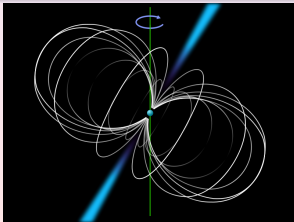
# Jocelyn Bell

- Worked with Anthony Hewish on constructing a radio telescope to study quasars
- In 1967 as a graduate student (at the age of 24!) detected a bit of “scruff”



► The Sounds of Pulsars

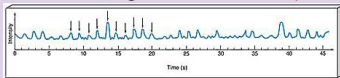
- Jocelyn Bell discovers amazing regularity in the radio signals ( $P = 1.33730119 \text{ s}$ )
- Speculated that the signal might be from another civilization (LGM-1)
- Paper announcing the first pulsar published in Nature (February 1968)  
A Hewish, S J Bell, J D H Pilkington, P F Scott, R A Collins
- Antony Hewish and Martin Ryle awarded the Nobel Prize in Physics in 1974
- The “No-Bell” roundly condemned by many astronomers (Fred Hoyle)
- *“I believe it would demean Nobel Prizes if they were awarded to research students, except in very exceptional cases, and I do not believe this is one of them”*





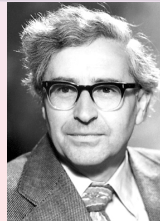
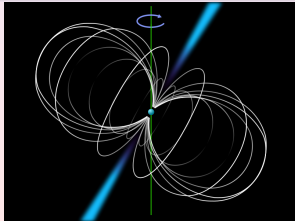
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# Biography of a Neutron Star: The Crab Pulsar

- SN 1054 first observed as a new “*star*” in the sky on July 4, 1054
- Event recorded in multiple Chinese and Japanese documents
- Event also recorded by Anasazi residents of Chaco Canyon, NM
- Crab nebula and pulsar became the SN remnants

Name: **PSR B0531+21**

POB: **Taurus**

Mass: **1.4  $M_{\odot}$**

Radius: **10 km**

Period: **33 ms**

Distance: **6,500 ly**

Temperature:  **$10^6$  K**

Density:  **$10^{14}$  g/cm<sup>3</sup>**

Pressure:  **$10^{29}$  atm**

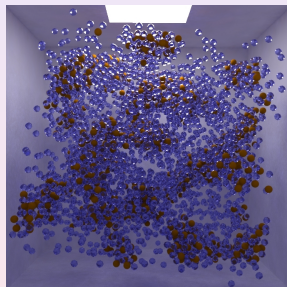
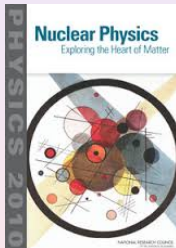
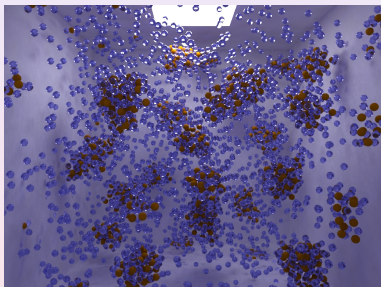
Magnetic Field:  **$10^{12}$  G**



# A Grand Challenge: How does subatomic matter organize itself?

"Nuclear Physics: Exploring the Heart of Matter" (2010 Committee on the Assessment and Outlook for Nuclear Physics)

- Consider  $A$  nucleons and  $Z$  electrons in a fixed volume  $V$  at  $T \equiv 0$   
*... cold fully catalyzed matter in thermal and chemical equilibrium*
- Enforce charge neutrality *protons = electrons + muons*
- Enforce chemical (i.e., beta) equilibrium:  $n \rightarrow p + e^- + \bar{\nu}$ ;  $p + e^- \rightarrow n + \nu$

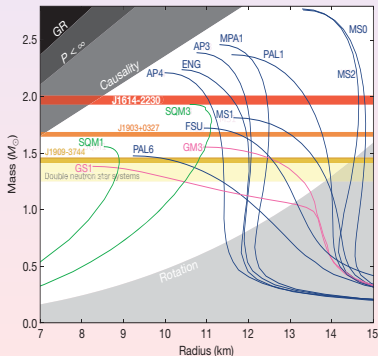


*Impossible to answer such a question under normal laboratory conditions — as such a system is in general unbound!*



# Gravitationally Bound Neutron Stars as Physics Gold Mines

- Neutron Stars are bound by gravity **NOT** by the strong force
- Neutron Stars satisfy the Tolman-Oppenheimer-Volkoff equation  
GR extension of Newtonian gravity:  $v_{\text{esc}}/c \sim 1/2$
- Only Physics sensitive to is: **Equation of State**
- EOS must span **10-11 orders of magnitude** in baryon density
- Increase from  $0.7 \rightarrow 2M_{\odot}$  must be explained by Nuclear Physics!



$$\frac{dM}{dr} = 4\pi r^2 \mathcal{E}(r)$$

$$\frac{dP}{dr} = -G \frac{\mathcal{E}(r)M(r)}{r^2} \left[ 1 + \frac{P(r)}{\mathcal{E}(r)} \right]$$

$$\left[ 1 + \frac{4\pi r^3 P(r)}{M(r)} \right] \left[ 1 - \frac{2GM(r)}{r} \right]^{-1}$$

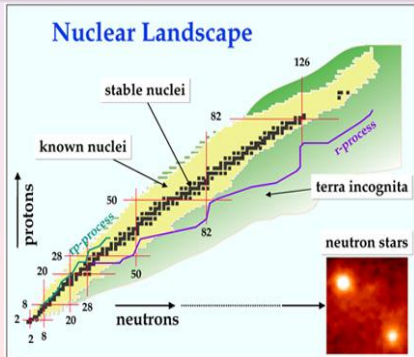
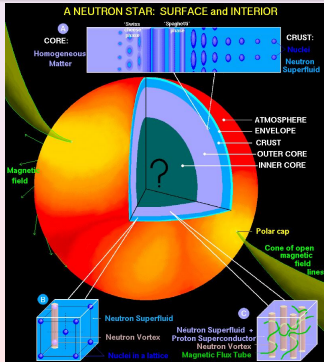
Need an EOS:  $P = P(\mathcal{E})$  relation

**Nuclear Physics Critical**



# The Anatomy of a Neutron Star

- *Atmosphere* (10 cm): Shape of Thermal Radiation ( $L = 4\pi\sigma R^2 T^4$ )
- *Envelope* (100 m): Huge Temperature Gradient ( $10^8 K \leftrightarrow 10^6 K$ )
- *Outer Crust* (400 m): Coulomb crystal of exotic neutron-rich nuclei
- *Inner Crust* (1 km): Coulomb frustrated “Nuclear Pasta”
- *Outer Core* (10 km): Neutron-rich uniform matter ( $n, p, e, \mu$ )
- *Inner Core* (?): Exotic matter (Hyperons, condensates, quark matter, ...)

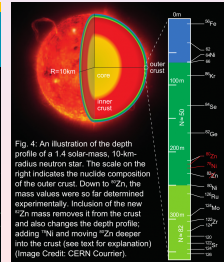
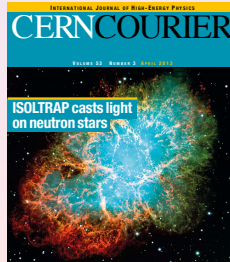
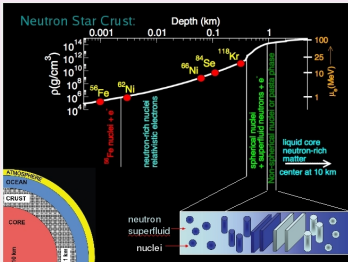


# The Outer Crust: $10^{-10} \rho_0 \lesssim \rho \lesssim 10^{-3} \rho_0$ ( $\rho_0 \approx 2.4 \times 10^{14} \text{ g/cm}^3$ )

- Uniform nuclear matter unstable against cluster formation  
Coulomb Crystal of neutron-rich nuclei immersed in  $e^-$  Fermi gas
- Nuclear Crystallography: Dynamics driven by nuclear masses  

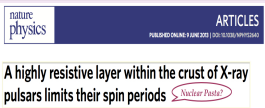
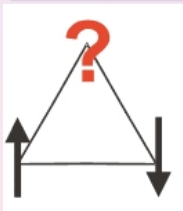
$$E/A_{\text{tot}} = M(N, Z)/A + 3/4 Y_e^{4/3} k_{\text{Fermi}} + \dots$$
- bcc Crystal of neutron-rich nuclei immersed in a uniform  $e^-$  gas  

$${}^{56}\text{Fe}, {}^{62}\text{Ni} \xrightarrow{N=50} {}^{86}\text{Kr}, \dots, {}^{78}\text{Ni}, \dots \xrightarrow{N=82} {}^{124}\text{Mo}, \dots, {}^{118}\text{Kr}_{82}(?)$$
- High-precision mass measurements of exotic unstable nuclei essential  
ISOLTRAP@CERN: The case of  ${}^{82}\text{Zn}_{52}$  with a 150 ns half-life!



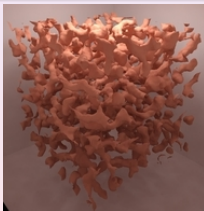
# The Inner Crust: “Coulomb Frustration and Nuclear Pasta”

- Frustration emerges from a dynamical (or geometrical) competition
- Impossibility to simultaneously minimize all elementary interactions
- Emergence of a multitude of competing (quasi) ground states
- Universal in complex systems (nuclei,  $e^-$  systems, magnets, proteins,...)
- Emergence of fascinating topological shapes “Nuclear Pasta” or “Micro-emulsions”  
*“In 2D-electron systems with Coulomb interactions, a direct transition from a liquid to a crystalline state is forbidden” (Spivak-Kivelson)*
- How do we taste or smell the nuclear pasta?



José A. Pons<sup>1</sup>, Daniele Viganò<sup>1</sup> and Nando Ria<sup>2</sup>

The lack of isolated X-ray pulsars with spin periods longer than 12 s raises the question of where the population of evolved high-magnetic-field neutron stars has gone. Unlike canonical radio pulsars, X-ray pulsars are not subject to physical limits to the emission mechanism nor observational biases against the detection of sources with longer periods. Here we show that a highly resistive layer in the innermost part of the crust of neutron stars naturally limits the spin period to a maximum value of about 10–20 s. This highly resistive layer is expected if the inner crust is amorphous and heterogeneous in nuclear charge, possibly owing to the existence of a nuclear ‘‘Saus’’. Our findings suggest that the maximum period of isolated X-ray pulsars may be the first observational evidence for an amorphous inner crust, whose properties can be further constrained by future X-ray timing missions combined with more detailed models.

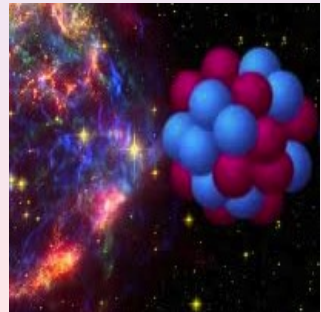
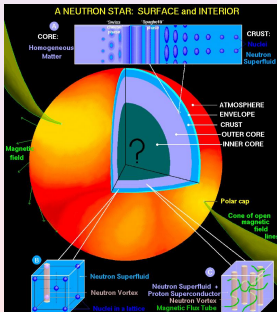


*Coulomb frustration is a fundamental problem in condensed-matter physics with widespread implications in nuclear physics and astrophysics!*



# The Outer/Inner Core: “Heaven and Earth”

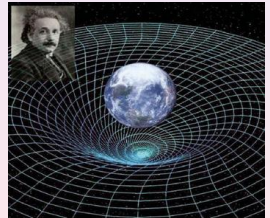
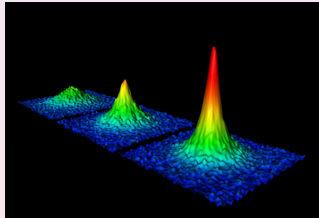
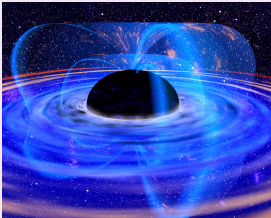
- Structurally the most important component of the star  
90% of the size and all of the mass reside in the core
- Outer Core: Uniform neutron-rich matter in chemical equilibrium  
Neutrons, protons, electrons, and muons
- Inner Core(?): “QCD made simple (color-flavor locking)”  
Hyperons, meson condensates, color superconductors, ???
- Same pressure creates neutron skin and NStar radius  
Correlation among observables differing by 18 orders of magnitude!





## Conclusions: Neutron Stars as Physics Gold Mines

- **Astrophysics:** What is the minimum mass of a black hole?
- **Atomic Physics:** Pure neutron matter as a unitary Fermi gas
- **Condensed-Matter Physics:** Insights into Coulomb frustration
- **General Relativity:** Neutrons stars as a source of gravitational waves
- **Nuclear Physics:** What is the equation of state of dense matter?
- **Particle Physics:** Quark matter and color superconductors quark matter



**It is all connected ...**



# Ten Compelling Questions

- What is the raw material for making stars and where did it come from?  
Hydrogen and Helium originated in the Big Bang
- What forces of nature contribute to energy generation in stars?  
All four: Gravitational, Electromagnetic, Strong, and Weak
- How and where did the chemical elements form? ★  
Thermonuclear fusion in the hot stellar interior
- How long do stars live?  
The lifetime of the star depends exclusively on its mass
- How will our Sun die?  
Our Sun will die as a white-dwarf star in about 5 billion years
- How do massive stars explode? ★  
Massive stars explode as spectacular Supernova
- What are the remnants of such stellar explosions?  
Black holes or neutron stars
- What prevents all stars from dying as black holes?  
A subtle quantum mechanical effect called Pauli pressure
- What is the minimum mass of a black hole? ★  
Approximately three times the mass of our Sun

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Hydrogen and Helium originated in the Big Bang
- What forces of nature contribute to energy generation in stars?  
All four: Gravitational, Electromagnetic, Strong, and Weak
- How and where did the chemical elements form? ★  
Thermonuclear fusion in the hot stellar interior
- How long do stars live?  
The lifetime of the star depends exclusively on its mass
- How will our Sun die?  
Our Sun will die as a white-dwarf star in about 5 billion years
- How do massive stars explode? ★  
Massive stars explode as spectacular Supernova
- What are the remnants of such stellar explosions?  
Black holes or neutron stars
- What prevents all stars from dying as black holes?  
A subtle quantum mechanical effect called Pauli pressure
- What is the minimum mass of a black hole? ★  
Approximately three times the mass of our Sun

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