Full Reconstruction of a Vectorial Protein Folding Pathway by Atomic Force Microscopy and Molecular Dynamics Simulations

During co-translational folding, the nascent polypeptide chain is extruded sequentially from the ribosome exit tunnel and, under severe conformational constraints, is dictated by its one-dimensional geometry. How do such vectorial constraints impact the folding pathway? Here, we combine single-molecule atomic force spectroscopy and steered molecular dynamics simulations to examine protein folding in the presence of one-dimensional constraints that are similar to those imposed on the nascent polypeptide chain. The simulations exquisitely reproduced the experimental unfolding and refolding force extension relationships and led to the full reconstruction of the vectorial folding pathway of a large polypeptide, the 253-residue consensus ankyrin repeat protein, NI6C. We show that fully stretched and then relaxed NI6C starts folding by the formation of local secondary structures, followed by the nucleation of three N-terminal repeats. This rate-limiting step is then followed by the vectorial and sequential folding of the remaining repeats. However, after partial unfolding, when allowed to refold, the C-terminal repeats successively regain structures without any nucleation step by using the intact N-terminal repeats as a template. These results suggest a pathway for the co-translational folding of repeat proteins and have implications for mechanotransduction.

Significant progress has been made toward understanding the protein folding problem (1–5) through in vitro experiments on individual proteins (6–21) and their ensembles (22–24) and through computer simulations (25–36). However, much less is known about in vivo folding (37–39). Following protein synthesis, the nascent polypeptide chain (NPC) is extruded through the long (3–80 Å) and narrow (10–20 Å) ribosome exit tunnel in which the NPC starts its folding process (40). This co-translational folding has a strong vectorial character (39, 41). Recent studies using single-molecule techniques and NMR spectroscopy have captured interesting structural features in NPC synthesis and folding on the ribosome (40–47). As recently suggested by Cabrita et al. (41), the vectorial character of co-translational folding is in a way mimicked by force-induced unfolding experiments. Such mechanical experiments can be carried out, for example, in an atomic force microscope (AFM) (48–54), with optical tweezers (10,11), or by translocating proteins through a pore (55–57). These processes have been extensively modeled in computer simulations (30–36, 58–62). During mechanical unfolding and refolding in AFM, the N and C termini of the polypeptide chain are constrained to the pulling axis, which limits the conformational space of the chain in a vectorial fashion. Here, we used a combination of AFM-based single-molecule force spectroscopy (48–54) and steered molecular dynamics (SMD) (63–65) simulations to examine in detail the folding of NI6C, a consensus ankyrin repeat (AR) protein, under such vectorial constraints.

NI6C, which is composed of 253 amino acids, is organized into six identical internal repeats and two capping repeats (66). It was chosen as our model system because of (i) the fact that ARs are very common and have been identified in over 4700 sequences, which should simplify the analysis of force spectroscopy data; (iv) expected robust refolding forces that can be captured by AFM (67–69); and (v) its extreme thermodynamic stability (66) that makes mechanical stretching and relaxing the only practical experimental approach to induce and follow the repeats’ unfolding and refolding.

MATERIALS AND METHODS

DNA Cloning and Protein Expression—The gene sequence of NI6C (66) was synthesized by GenScript (Piscataway, NJ). The NI6C gene was inserted into the poly(I27) pRS72a vector (a kind gift from Jane Clarke, Ref. 70) using KpnI and Nhel restric-

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4 The abbreviations used are: NPC, nascent polypeptide chain; AFM, atomic force microscope/microscopy; SMD, steered molecular dynamics; AR, ankyrin repeat.
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**FIGURE 1. Complete mechanical unfolding and refolding of the NI6C-I27 chimeric protein.** A, structure of the chimeric polyprotein designed for the AFM experiments. NI6C contains eight ARs (66). Two internal repeats are shown in the blue box, each composed of two α-helices (H1 and H2) and a loop. The full sequence is shown in supplemental Fig. S1D. B, representative unfolding trace of NI6C-I27 obtained at a stretching speed of 100 nm/s. The AFM data are fitted to two families of WLC curves, one with contour length increment ΔL = 10.5 nm and persistence length p = 0.78 nm (gray dashed lines) and the other with ΔL = 28 nm and p = 0.36 nm (orange dashed lines). These values of ΔL are consistent with the fully stretched lengths of one AR and one I27 domain, respectively; hence, the two families of peaks correspond to the unfolding of individual ARs of NI6C and of I27 domains, respectively. C, measured unfolding (red) and refolding (blue) force extension traces of NI6C at 30 nm/s, fitted to a family of WLC curves (gray dashed lines) with ΔL = 10.5 nm and p = 0.86 nm. Note that following the complete unfolding of all ARs, the first refolding force peak appeared only after the molecule was partially relaxed (asterisk). D, simulated unfolding (green) and refolding (pink) force extension traces of NI6C. Similar to the AFM data, the first SMD refolding force peak occurred only after the molecule has been significantly relaxed (asterisk). E, comparison of the unfolding force extension traces by SMD (green) and AFM (red). The SMD trace was shifted to the right by 20 nm to compensate for the initial length of I27 modules that contribute to the extension in the AFM measurements but are absent in the SMD simulations. F, comparison of the refolding force extension traces by SMD (pink) and AFM (blue) following the unfolding of NI6C. The same 20-nm shift was applied to the SMD trace.

**RESULTS**

**Mechanical Folding of NI6C under One-dimensional Constraints**—Our approach is illustrated in Fig. 1A. The NI6C protein was flanked on each side by three I27 domains of titin serving as pulling handles and as a force spectroscopy reference for identifying single-molecule recordings (49, 50, 69, 70, 74–78). We first stretched the chimeric protein to unfold the NI6C portion, either fully or partially, and then allowed it to relax and refold while measuring the extension and tension (see details under supplemental “Materials and Methods”). To verify the convergence of the SMD simulations, we compared the force extension curves obtained at different pulling speeds within the range of 0.1–10 nm/ns. Furthermore, we also performed multiple simulations with the same SMD speed (v = 0.1 nm/ns) but different initial particle velocities. The multiple simulations generated almost identical force extension curves, suggesting that the conformational samplings in the SMD simulations converged very well. This comparison is included in supplemental Fig. S5.

Fig. 1B shows a typical AFM force extension trace of the NI6C-I27 construct obtained at a pulling speed of 100 nm/s.
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Evenly spaced by 10.5 nm, small unfolding force peaks at protein extensions below 100 nm (blue-shaded area) strongly suggest that they correspond to the stepwise unfolding of individual NI6C repeats (supplemental Figs. S1 and S2) (67, 79). These small force peaks are then followed by the characteristic sawtooth pattern of large force peaks corresponding to the mechanical unfolding of five of six I27 domains, providing direct evidence that the whole measurement was obtained on a single molecule containing all eight ARs. We used this recording as the reference force spectrum to identify unfolding events of ARs in other measurements.

In Fig. 1 (C–F), we compare the results of AFM measurements and SMD simulations. The unfolding and refolding force extension traces obtained by SMD matched the AFM data remarkably well. This indicates that the computer simulations indeed reproduced the main events occurring in NI6C under the AFM control. Moderate differences between AFM and SMD data were observed primarily at small extensions (∼10 nm) due to the absence of I27 domains in the simulations. The presence of I27 domains in AFM measurements resulted in the initial length (and extension) of the construct being greater than that of NI6C alone, used in the simulations. It also affected the slope of force extension curves especially in low extension regions. This effect in high extension regions was less significant because the long unraveled polypeptide chain dominated the overall elasticity.

Folding Pathway and Time Evolution of Native Contacts of NI6C—To analyze the entire unfolding and refolding trajectories of NI6C, we built its native contact map (see details supplemental “Materials and Methods”) and monitored its time evolution (Fig. 2). It can be seen that the unfolding process occurred in a vectorial fashion from the C to the N terminus, and the refolding process followed the reverse order. A folding sequence that starts at the N terminus, as revealed here by the SMD simulations, would allow co-translational folding to achieve maximal speed. The analysis of native contacts at both termini indicated that the structure of NI6C is slightly asymmetric. As shown in Table 1, helices H1 and H2 in the N-terminal repeats are longer than

### TABLE 1
Count of the native contacts in the α-helical domains (H1 and H2) in the N terminus, C terminus, and internal repeats of NI6C

<table>
<thead>
<tr>
<th>Domain</th>
<th>Sequence*</th>
<th>No. of residues</th>
<th>No. of all contacts</th>
<th>No. of inter-repeat contacts</th>
</tr>
</thead>
<tbody>
<tr>
<td>N-terminal</td>
<td>Asp&lt;sup&gt;2&lt;/sup&gt;–Gln&lt;sup&gt;30&lt;/sup&gt;</td>
<td>24</td>
<td>85</td>
<td>49</td>
</tr>
<tr>
<td>C-terminal</td>
<td>Thr&lt;sup&gt;101&lt;/sup&gt;–Gln&lt;sup&gt;229&lt;/sup&gt;</td>
<td>19</td>
<td>70</td>
<td>45</td>
</tr>
<tr>
<td>Internal</td>
<td>Thr&lt;sup&gt;109&lt;/sup&gt;–Ala&lt;sup&gt;129&lt;/sup&gt;</td>
<td>21</td>
<td>129</td>
<td>101</td>
</tr>
</tbody>
</table>

*NI6C was built using the x-ray structure of NI3C (Protein Data Bank code 2QYJ); the residues were renumbered (see details in supplemental Fig. S4).

*The differences in the numbers of native and inter-repeat contacts lead to significant differences in stability between the repeats, as indicated by the energy function.
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those in the internal repeats, and the corresponding helices in the C-terminal repeat are the shortest. This asymmetry means that the N-terminal repeat has more stabilizing interactions than the C-terminal repeat; correspondingly, the latter consistently unfolded first. Unfolding is unlikely to start from an internal repeat because that would require breaking roughly twice as many native contacts with neighboring repeats when comparing with starting from a terminal repeat. The unfolding of some native AR proteins was found to proceed in the opposite direction to that of NI6C (80, 81). It would be interesting to see whether that unfolding order can be similarly explained by an analysis of native contacts.

Nucleation of N-terminal α-Helices, the Rate-limiting Step for Folding—It is worth noting that the unfolding of the last repeat was followed by a plateau in the SMD force extension trace (Fig. 1D). On the basis of the contacts shown in gray in Fig. 2C (t = 512–680 ns) and the protein dynamics in the unfolding trajectory captured in supplemental Movie S1, we ascertained that the plateau corresponded to the unwinding of the helical structures that remained folded until this stage. Similar plateaus were observed in the refolding traces, where they preceded the occurrence of the refolding force peaks (Fig. 1D). According to the contact map in Fig. 2D and supplemental Movie S2, the folding of NI6C started with the formation of local α-helices (H1 and H2) within t = 150–472 ns. No tertiary structures were formed until t = 472 ns, at which point three repeats at the N terminus (Asp^{13}−Gly^{103}) folded simultaneously within 5 ns (t = 472–477 ns). This happened after several failed attempts to create a folded nucleation core in different regions of the fluctuating polypeptide chain (supplemental Movie S2). This observation indicates the importance of nucleation in the folding of AR proteins under one-dimensional constraints and is consistent with the prediction that the main folding barrier corresponds to the simultaneous folding of two to three consecutive repeats (25, 82). A similar nucleation process was proposed by Wetzel et al. (66) in the chemical and thermal folding of consensus AR proteins, but it has never before been observed directly. Once the nucleation event occurred and a stable folded stack was formed, the rest of the polypeptide chain folded in a vectorial fashion, repeat by repeat, using the stack as the folding template (supplemental Movie S2).

Refolding of NI6C from Partially Unraveled Structures—To examine in detail the late stage of AR folding, which may occur in the presence of folded N-terminal repeats, we designed AFM experiments and corresponding SMD simulations in which only part of NI6C was unraveled and then allowed to relax and refold. This was achieved by limiting the extension of the chimeric protein below the contour length of NI6C (≤90 nm). This procedure allowed us to specify the number of repeats that unfolded or remained folded at the end of the stretching phase. During the subsequent relaxation phase, the refolding behavior of the repeats that already unraveled was followed. These short extension measurements could be performed at significantly lower pulling speeds, affording better force resolution. The force extension data obtained at a stretching speed of 5 nm/s are shown in Fig. 3A and are compared with the data obtained at 30 nm/s in supplemental Fig. S1C. Even though the spacing between major unfolding force peaks measured at low and high pulling speeds are comparable, the force traces obtained at slower stretching speeds resolve finer details of the unfolding and refolding processes. For example, at a pulling speed of 5 nm/s, the major peaks were split into pairs of smaller subpeaks with ΔL ~ 3–5 nm as shown in Fig. 3A, suggesting that individual repeats unfold in two or more steps (supplemental Fig. S1).

The relaxation traces obtained on a partially unfolded NI6C protein exhibit robust well separated refolding force peaks that coincide with the unfolding force peaks. This suggests that upon relaxation, the polypeptide chain contracts in a stepwise manner while refolding the unraveled repeats (Fig. 3A and supplemental Fig. S2, A and B). Transient unfolding and refolding events were also frequently observed at low stretching speeds, indicating that these transitions occur at near equilibrium (51).

To gain insight into the events captured by AFM during partial unfolding/refolding, we performed SMD simulations in which three of the eight repeats were unraveled and then relaxed under mechanical control. In Fig. 3 (B–D), we show the SMD results and their comparison with the AFM data. As before, the agreement between the experiment and simulation is very satisfactory.

In Fig. 3 (E and F), we show two series of snapshots from the SMD trajectories; each snapshot corresponds to a numbered peak in Fig. 3 (C or D). The snapshots illustrate the vectorial unfolding and refolding of the C-terminal three repeats. In the unfolding trace, successive unfolding events of the three repeats

![FIGURE 3. Partial unfolding followed by refolding of NI6C. A, force extension curves corresponding to partial unfolding (red) and refolding (blue) of NI6C at a pulling velocity of 5 nm/s. Dashed curves show the WLC fits with p = 0.9 nm, pN, piconewtons. B, partial unfolding (green) and refolding (pink) force extension traces obtained from the SMD simulations (supplemental Figs. S4–S6). Black arrows indicate small unfolding force peaks separated by major unfolding force peaks. C, comparison of SMD (green) and AFM (red) unfolding force extension traces. D, comparison of SMD (pink) and AFM (blue) refolding traces. E, series of snapshots along the SMD partial unfolding trajectory. Numbers correspond to the peaks in C. Three repeats unfold sequentially from the C to N terminus; five N-terminal repeats remained intact (see snapshot 10). F, series of snapshots in the SMD refolding trajectory. Numbers correspond to the peaks in D. The refolding process followed the reverse order of the unfolding process.](image-url)
are captured by conformational changes in snapshots 2–4, 5–7, and 8–10. During the unfolding process, the hairpin loops (Fig. 1A, inset) tended to remain folded after the detachment of the two $\alpha$-helices, H1 and H2, from the stack. Loop unfolding produced small subpeaks in the force extension trace labeled as subpeaks 3, 6, and 9 in Fig. 3C. Accordingly, the unfolding of one repeat consisted of two steps: the detachment and straightening of $\alpha$-helices H1 and H2 (peaks 2, 5, and 8), followed by the opening of the hairpin loop (subpeaks 3, 6, and 9). The refolding of these repeats took a similar pathway but in the reverse direction; however, helices H1 and H2 and the loop in one repeat typically folded in a single step.

**DISCUSSION**

We used AFM-based single-molecule force spectroscopy to unravel the polypeptide chain and to follow its relaxation under one-dimensional geometrical constraints. We also simulated these stretch/relax processes by structure-based coarse-grained SMD calculations. The remarkable hitherto unattained accuracy with which SMD simulations recreated the experimental force spectrograms allowed us to confidently reconstruct the vectorial folding pathway of NI6C. Thus, this combination of AFM measurements with structure-based computer simulations presents a powerful tool for advancing our understanding of protein folding under geometrical constraints.

First, our results indicate that the folding of NI6C under geometrical constraints is hierarchical and does not follow a simple two-state process indicated in bulk folding measurements (83). The folding of NI6C starts with the formation of local $\alpha$-helices. The formation of these local secondary structures greatly reduces the dimension of the conformational space and accelerates the formation of tertiary structure elements. A similar hierarchy has also been observed in other systems (35, 42, 43, 84–87).

Second, the results from multiple SMD simulations clearly demonstrate that the rate-limiting step in the vectorial folding process of the entire NI6C protein involves the nucleation of three N-terminal repeats. These observations together strongly suggest that the co-translational folding of ARs may proceed by forming $\alpha$-helical segments still in the ribosome exit tunnel (43), and after extruding their length corresponding to at least three repeats, they nucleate. Further folding may involve a simple rapid addition of the remaining C-terminal repeats, without any nucleation step, using the existing nucleated structure as the folding template. We hypothesize that such a nucleation-free fast mechanical folding of terminal repeats may be advantageous for putative biological functions of repeat proteins in mechanotransduction (32, 88, 89) should they be challenged with a partial mechanical unfolding.

Third, we note that during the co-translational folding, the NPC is most likely not subjected to significant external mechanical forces, although it may be under some tension as a result of the interaction between the extruded part of the NPC with the ribosome-bound chaperone trigger factor that assists the folding (38, 90). We believe that the application of a small external force to a folding polypeptide chain during AFM refolding measurements, which provides a practical means to restrain the protein in a vectorial space, by itself does not significantly alter the folding pathway of NI6C. The results in this work suggest that the refolding processes of NI6C occur spontaneously from the N to C terminus without the assistance or hindrance of an external force. The fact that the end of the polypeptide chain is still tethered (through the I27 handle) to the AFM tip should have minimal effect except perhaps keeping the folding along one direction, which mimics the effect of the wall of the ribosome exit tunnel.

Therefore, we propose that the vectorial folding pathway reconstructed here for NI6C may be representative of the co-translational folding of thousands of AR domains and other repeat proteins that form similar extended structures composed of stacked $\alpha$-helical repeats. This conclusion is supported by our recent observation that native ARs of ankryin-R, armadillo repeats of $\beta$-catenin, and HEAT repeats of clathrin all unfold and refold under one-dimensional constraints in a step-wise manner similar to that displayed by the consensus ARs of NI6C (68).

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